

Bean Navy/White (*Phaseolus vulgaris*) IgE

Test ID: FNBE

Explanation:

Effective March 2, 2026, Test ID FNBE, referred to Eurofins Viracor, will be obsolete due to availability of Mayo test BENW.

Recommended Alternative Test:

White Bean, IgE, Serum

Test ID: BENW

Methodology:

Fluorescence Enzyme Immunoassay (FEIA)

Reference Values:

Class	IgE kU/L	Interpretation
0	<0.10	Negative
0/1	0.10-0.34	Borderline/equivocal
1	0.35-0.69	Equivocal
2	0.70-3.49	Positive
3	3.50-17.4	Positive
4	17.5-49.9	Strongly positive
5	50.0-99.9	Strongly positive
6	> or =100	Strongly positive

Reference values apply to all ages.

Concentrations of 0.70 kU/L or more (class 2 and above) will flag as abnormally high.

Specimen Requirements:

Collection Container/Tube:

Preferred: Serum gel

Acceptable: Red top

Submission Container/Tube: Plastic vial

Specimen Volume: 0.5 mL for every 5 allergens requested

Collection Instructions: Centrifuge and aliquot serum into a plastic vial.

Specimen Minimum Volume

For 1 allergen: 0.3 mL

For more than 1 allergen: $(0.05 \text{ mL} \times \text{number of allergens}) + 0.25 \text{ mL deadspace}$

Specimen Stability Information:

Specimen Type	Temperature	Time
Serum	Refrigerated (preferred)	14 days
	Frozen	90 days

CPT Code:

86003

Day(s) Setup: Monday through Friday

Report Available: Same day/1 to 3 days

Questions

Contact MCS Referrals Supervisors Amy Bluhm or Heather Hilgart at 800-533-1710.